

# Stories about overcoming adversity

Created by Inaburra Senior Library 2020

## What are these stories about?

These are stories about people who face some sort of difficulty- sometimes they're born into hardship, sometimes they unexpectedly face a big setback in life. Throughout the story we see how they overcome the hardship, grow as a person, and often receive opportunities they wouldn't otherwise have been given.

## The history of stories about overcoming adversity

- These sorts of stories have been popular throughout history. Sometimes they were true stories about historical figures who faced difficulties, sometimes they were fictional stories.
- There are a lot of stories in the Bible about people who overcame adversity- think about Abraham, Joseph and Moses.
- In other ancient literature there were fictional stories, poems and plays about people who overcame adversity. These tales were intended to teach wisdom to the people hearing them.
- Modern stories about people overcoming adversity are intended to inspire us and encourage us in our own difficult situations.

## Common themes

Illness, injury and disability

Harm caused by others

Grief

Disaster

Loss

Poverty

Unexpected setbacks

Physical journeys

Rags to riches stories